

For more information contact the Family Referral Service in your area on the contact details listed overleaf.



Referrals to the FRS can be made by:

- ✘ Young people
- ✘ Families with children
- ✘ Extended family members

Services that work with young people and families with children which include:

- ✘ Government services
- ✘ Non-government agencies
- ✘ Doctors and health professionals
- ✘ Centrelink
- ✘ Family support

The Family Referral Service (FRS) brings together families, support services and community resources so that our children and young people are safe and well.

We work with all services to find out what best supports young people and families and their children, and what we can do to improve our community resources.

If you are a young person or a family with children, or an extended family member, we will listen to your needs and refer you to the right service, which could help you with:

- ✘ Domestic violence experiences
- ✘ Housing or accommodation access
- ✘ Financial assistance
- ✘ Counselling and mediation
- ✘ Parenting struggles
- ✘ Mental health concerns
- ✘ Finding culturally appropriate support

There are many other services that you might need and we can help you to find them.



Your link to support

Need support?

Don't know where to go?

Who can help?

Being a young person or parent is not always easy and there are times when we could all use some help.

Talk to us today.

The Family Referral Service is here to listen to your needs and support you to find the right services for you or your family.

You can speak to us by phone, you can visit our office or we can meet you in your home or community.

RURAL & REGIONAL NSW

New England North West Family Referral Service

Pathfinders

Armidale, Dumaresq, Glenn Innes, Severn, Gunnedah, Guyra, Gwydir, Inverell, Liverpool Plains, Moree Plains, Narrabri, Tamworth Regional, Tenterfield, Uralla and Walcha LGAs.

Phone: 1800 597 589

Email: nenwfrs@pathfinders-aus.org

Riverina Murray Family Referral Service

Relationships Australia Canberra & Region in partnership with Mallee Family Care

Albury, Balranald, Berrigan, Bland, Carrathool, Conargo, Coolamon, Cootamundra, Corowa Shire, Deniliquin, Greater Hume Shire, Griffith, Gundagai, Hay, Jerilderie, Junee, Leeton, Lockhart, Murray, Murrumbidgee, Narrandera, Temora, Tumbarumba, Tumut Shire, Urana, Wagga Wagga, Wakool, and Wentworth LGAs.

Phone: 1300 307 897

Email: riverinamurrayfrs@racr.relationships.org.au

Southern NSW Family Referral Service

MacKillop Family Services in partnership with Marymead

Bega Valley, Bombala, Boorowa, Cooma-Monaro, Eurobodalla, Goulburn Mulwaree, Harden, Oberon, Palerang, Queanbeyan, Snowy River, Upper Lachlan, Weddin, Yass Valley and Young.

Phone: 1300 736 384

Email: info@southernnswfrs.org.au

Far North Coast Family Referral Service

Northern Rivers Social Development Council in partnership with Interrelate Family Centres

Ballina, Byron, Clarence Valley, Kyogle, Lismore, Richmond and Tweed LGAs.

Phone: 1300 338 774

Email: support@familiesnorth.org.au

Hunter Central Coast and Lithgow Family Referral Service

The Benevolent Society

Singleton, Cessnock, Dungog, Gloucester, Gosford, Lake Macquarie, Lithgow, Maitland, Muswellbrook, Newcastle, Port Stephens, Upper Hunter Shire and Wyong LGAs.

Phone: 1300 006 480

Email: familyreferral@benevolent.org.au

Mid North Coast Family Referral Service

The Benevolent Society in partnership with Burren Dalai Aboriginal Corporation

Greater Taree, Great Lakes, Bellingen, Coffs Harbour, Port Macquarie-Hastings, Kempsey and Nambucca LGAs.

Phone: 1300 006 480

Email: familyreferral@benevolent.org.au

Illawarra Family Referral Service

Barnardos Australia

Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee LGAs.

Phone: 1800 663 863

Email: familyreferral@barnardos.org.au

Western NSW Family Referral Service

Uniting Care Burnside

Bathurst, Blayney, Bogan, Bourke, Brewarrina, Broken Hill, Cabonne, Central Darling, Cobar, Coonamble, Cowra, Dubbo, Forbes, Gilgandra, Lachlan, Mid Western Council, Narromine, Orange, Parkes, Walgett, Warren, Warrumbungle Shire and Wellington LGAs as well as NSW Unincorporated.

Phone: 1300 339 016

Email: westernfrs@unitingcarenswact.org.au

METROPOLITAN NSW

South Eastern and Northern Sydney Family Referral Service

Barnardos Australia in partnership with CatholicCare Diocese of Broken Bay

South East Sydney: Ashfield, Botany Bay, Burwood, Canada Bay, Canterbury, Hurstville, Kogarah, Leichardt, Marrickville, Randwick, Rockdale, Strathfield, Sutherland Shire, Sydney, Waverly and Woollahra LGAs.

Northern Sydney: Hornsby, Hunters Hill, Ku-ring-gai, Lane Cove, Manly, Mosman, North Sydney, Pittwater, Ryde, Warringah and Willoughby LGAs.

Phone: 1800 066 757

Email: sensfamilyreferral@barnardos.org.au

South West Sydney Family Referral Service

UnitingCare Burnside

Bankstown, Fairfield, Liverpool, Campbelltown, Camden, and Wollondilly LGAs.

Phone: 1300 244 826

Email: southwestsydneyfrs@unitingcarenswact.org.au

Western Sydney Family Referral Service

Relationships Australia NSW

Blacktown, Hawkesbury, Blue Mountains, Penrith, The Hills Shire, Holroyd, Parramatta and Auburn LGAs.

Phone: 1300 403 373

Email: frs@ransw.org.au

